

## PROJECT AND PROGRAMMES

### Project Summary

<b>Title</b>	<b>ENHANCING ENGAGEMENT OF OLDER PERSONS IN THE FIGHT AGAINST COVID-19: MAKING OLDER PERSONS PART OF THE SOLUTION IN KILIMANJARO REGION</b>
<b>Background/Introduction</b>	The Tanzania Public Health Association (TPHA) developed the project in collaboration with the World Health Organization, Ministry of Health, Community Development, Gender, Elderly and Children (MOHDGEC) and President's Office Regional Administration and Local Government(PORALG). The World Health Organization (WHO) in this project provided both technical and Financial support. The implementation was in two phases, the first Phase covered Hai, Siha, Moshi district Council and Moshi Municipal Council while second phase covered Mwanga, Same, Rombo and Moshi rural (part of Moshi DC).
<b>Objectives (Main and Specific)</b>	The objectives of the project were- 1) To enhance knowledge among older persons on corona virus disease (COVID-19) preventive measures through innovative and context-specific approaches 2) To document concerns of older persons with regards to the COVID-19 public health measures 3) To document proposed innovative solutions on how best to reach older persons with correct information including mental health and psychosocial support services 4) To map and engage local/community radios in broadcasting information on what older persons can do to protect themselves 5) To engage religious and traditional leaders on their roles in protecting the older persons from COVID-19.
<b>Methodology/Approach</b>	The sensitization sessions used an adult learning participatory approach including round-table discussions to ensure effective information and ideas sharing from participants. All participants had equal opportunity to actively engage and share meaningful, creative and innovative ideas and

	<p>proposed resolutions that ultimately input the action plan and way forward. Discussions among participants enhanced knowledge and clarification on COVID-19 and vaccination. The strategy to disseminate correct and accurate information on Covid-19 preventive measures to achieve COVID-19 infection free community through selection of group-specific of older persons, religious leaders and influential/traditional leaders to participate in sensitization sessions geared to widen campaigns in addressing challenges of covid-19 pandemic specifically for elderly people. Additionally, focus group discussions, (FGDs), conducted to eight groups ( with a total of 66 participants each during phase one and phase two) purposively selected aimed at gaining an in-depth knowledge of COVID-19, attitudes, feelings, beliefs, experiences and reactions older persons have about the Covid-19 and vaccine. Importantly, was to underscore health related challenges the elderly people encounters in relation to Covid-19 and improve vaccine uptake especially among the elderly people. Again, to explore ways elderly people get information about COVID-19.</p>
<p><b>Expected Outputs</b></p>	<p>The following are the expected measurable impacts on older persons' health at the target population;</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> 240 older persons sensitized on COVID-19 preventive measures</li> <li><input type="checkbox"/> 80 faith and 40 traditional leaders oriented on their roles in protecting older persons</li> <li><input type="checkbox"/> Enhanced access to correct information on the COVID-19 public health measures, to the older persons in fighting against COVID-19 pandemic.</li> </ul>
<p><b>Project Period</b></p>	<p>Two Months</p>
<p><b>Funding Agent</b></p>	<p>World Health Organization –Tanzania Office (WHO)</p>
<p><b>Total Budget</b></p>	<p>TSH 107,604,000 (USD 46,411.04)</p>