

Tanzania Public Health Association (Chama cha Afya ya Jamii Tanzania)

THE PROCEEDINGS OF THE 32ND ANNUAL SCIENTIFIC CONFERENCE Health in all policies for sustainable development goals

> St. Gaspar Conference Centre, Dodoma, Tanzania November 30-December 3, 2015

Declarations of the 32nd Annual Scientific Conference of the Tanzania Public Health Association, November 30 to December 4 2015

The 32nd Annual Scientific Conference of the Tanzania Public Health Association recognizes that:

- i. Health in All Policies is a bridge to address inter-sectoral cooperation for health outcomes
- ii. Decisions in various sectors may hinder the improvement of population health and health equity
- iii. There are many cross-cutting issues to address in context of other sectors so that their policies are health protection and promotion
- iv. The broader environment that encompasses food systems, and their production and consumption components, has changed considerably in recent years.
- v. Food security and nutrition are essential dimensions for public health
- vi. Mass of high quality human resources is critical to respond emerging multi-sectoral challenges
- vii. Gender equality and the empowerment of women in all socio-economic and cultures is paramount to build a healthy nation.
- viii. Access to quality primary health care is the human right fact
- ix. Access to quality reproductive health services for all individuals of appropriate ages is effective way of building the future health society.
- x. The current levels of infant and maternal mortality rates can be reduced by three-quarters
- xi. Universal access to safe water is the determinant of public health
- xii. Most of Public health challenges could be avoided in the absence of abject poverty

The conference hereby recommends that:

- 1. "Health in All Policies" need to be in place to inform future actions for increasing health and health equity.
- 2. Good governance, leadership and accountability should be improved at all level for Tanzanians to access quality health services.
- 3. The government to facilitate and promote the development and application of appropriate biotechnologies to mitigate low production and productivity in agriculture to improve food security.
- 4. The government in collaboration with other stakeholders to build the capacities of communities to access and adopt safe technologies, so as to reduce vulnerability to poverty.
- 5. TPHA to promote and advocate for development of lifesaving skills, to address neonatal mobility and mortality, focusing on Help Baby to Breath at all levels.
- 6. The government to formulate evidence based national alcohol control policy.
- 7. The government to review the legislation, which allows the packaging of spirits in plastic sachets (Viroba), in order to restrict the indiscriminate use of alcohol especially by youth and drivers.
- 8. TPHA to coordinate multi-sectoral collaboration of stakeholders to promote public health through mass education, school health programs and media.